

Apologies to Nene Valley Vet Men - they should have been announced as the Bronze team. Badges will be sent in a few days time.

Please note that the U11 race is not a County Championship event; it is an open race organised by Louth AC. Their results are on the website given below.

A selection of race photos is also available on the website.

Sorry about being unable to present the Lincs XC League medals and shields at the County Championships, but we were let down by the supplier.

We now hope to make the presentations at the first Lincs Track and Field League match at Grantham on Sunday April 19th.

Team managers please note that the final day for accepting entry fees & forms for the Lincs T&F County Championships will be Wed April 22nd. The event will be staged at Grantham on May 9th/10th.

Please also encourage your athletes to enter the Combined Events Championships - Friday May 15th (evening) & May 16th. Venue currently Boston, but subject to confirmation.

<b>256 Competitors</b>	11 ld Lincoln & D	5 nk Newark	1 wj Werrington
20 bd Boston & D.	36 lo Louth	46 nv Nene Valley	1 wv Wolds Vets
13 be Bourne	62 lw Lincoln W	4 rn W. Run. Netw	3 yz Other
18 gr Grantham	5 ma Mablethorpe	31 ss Sleaford Str	

13-Jan-09

<b>U13G</b>		<b>3060 m</b>							
1 Emma Tonner	lw	1 12.11	13 Becky Wells	lw	5 17.47	10 Andrea Page	nv	3 36.44	
2 Catrina Thomas	lw	2 12.18	14 Becky Clarke	gr	4 17.54	11 Janette Dunderdale	lw	7 38.38	
3 Abbie Donnelly	lw	3 12.28	15 Isobel Lord	lw	6 18.16	12 Sheryl Hawse	ma	2 38.50	
4 Jade C-Smith	nv	1 12.44	16 Megan Hannah	be	1 18.41	<b>VetW 5440 m</b>			
5 Ellie Boyson	bd	1 13.01	17 Lucy Helas	lw	7 19.00	1 Emma Marshall	ld	1 26.05	
6 Rhianon Harris	nv	2 13.17	18 Helen Chapman	nv	3 19.20	2 Louise Swallow	be	1 28.05	
7 Rebekah Ward	lw	4 13.40	19 Jade Toulson	lw	8 19.45	3 Simone Darke	rn	1 28.09	
8 Sydney Cherrie	lo	1 13.54	20 Polly Atherton	gr	5 20.37	4 Lisa Richardson	be	2 28.19	
9 Niamh Lawrie	lo	2 14.02	21 Helena Hird	ss	1 20.48	5 Emma Benfield	lo	1 28.57	
10 Alice Dolan	nv	3 14.17	22 Megan Hird	ss	2 21.16	6 Emma Marshall-Telfer	ss	1 29.24	
11 Aimee Kettle	gr	1 14.34	23 Georgia Igoe	nv	4 21.24	7 Emma Lord	nv	1 29.25	
12 Megan Griessel	nv	4 14.38	<b>U17W 5440 m</b>		8 Eleanor Oxby	rn	2 29.31		
13 Amy Gibbons	be	1 14.46	1 Georgia Ball	lw	1 23.37	9 Debbie Hornsby	nv	2 29.49	
14 Keely McNiffe	ss	1 15.19	2 Hester Talbot	lw	2 24.18	10 Brenda Willson	rn	3 29.58	
15 Melinda Jordan	gr	2 15.27	3 Frances Aitchison	lw	3 25.08	11 Jutta Meiwald	lo	2 30.01	
16 Tilly Ireland	ss	2 15.42	4 Louise Rutt	bd	1 25.18	12 Fiona Lawrie	lo	3 30.05	
17 Robyn Lawrie	lo	3 15.46	5 Holly Haywood	lw	4 25.46	13 Sarah Bently	nv	3 30.07	
18 Keren Newlove	lo	4 15.56	6 Gemma Sellwood	lw	5 27.11	14 Ros Treadwell	ld	2 30.09	
19 Kaylee Deekens	lo	5 16.25	7 Dea-Anna Davey	nv	1 27.58	15 Rachel Parker	be	3 32.01	
20 Holly Mammatt	nk	1 16.37	8 Becky Suslowsky	nv	2 28.17	16 Ros Jackson	lo	4 33.35	
21 Natalie Stainton	lo	6 17.22	<b>U20W 5440 m</b>		17 Maureen Runacres	ss	2 34.00		
22 Melanie Chapman	nv	5 17.54	1 Rochelle Harrison	lw	1 23.26	18 Ann Storer	lw	1 34.42	
<b>U15G</b>		<b>3710 m</b>		2 Amelia Suslowsky	nv	1 24.33	19 Julie Hanks	ss	3 35.21
1 Charlotte Taylor	nv	1 14.38	3 Alex Sharp	lo	1 26.17	20 Karen Kane	rn	4 36.47	
2 Naomi Collier	gr	1 15.02	4 Natasha Frolick	nv	2 28.33	21 Pat Kimpton	lw	2 38.37	
3 Libbie Read	lw	1 15.33	<b>SenW 7450 m</b>		22 Dot Fraser	lw	3 39.06		
4 Laura Donnelly	lw	2 16.02	1 Harriet Canter	lw	1 30.08	23 Fiona Freeman	ss	4 39.48	
5 Celine Bangay	yz	1 16.18	2 Lucinder Pitcher	lw	2 30.30	24 Jo Leadbitter	ss	5 43.42	
6 Megan Ball	lw	3 16.33	3 Janine Stones	ma	1 30.48				
7 Sophia Tucker	gr	2 16.42	4 Cathryn Foley	nv	1 31.59				
8 Anne Meiwald	lo	1 16.47	5 Jane Clarke	lw	3 32.58				
9 Sheridan McWilliam	lw	4 17.02	6 Sarah Kimpton	lw	4 34.04				
10 Lucy Smith	gr	3 17.06	7 Suzie Ardron	lw	5 34.12				
11 Alice Flint	bd	1 17.35	8 Silvia Strangeway	lw	6 34.28				
12 Beth Thomas	nv	2 17.37	9 Tanya Taylor	nv	2 36.04				

<b>U13B</b>	<b>3060 m</b>	16 Adam Caress	nv	6 27.35	26 Gary Bently	nv	4 45.52	
1 Haran Dunderdale	lw	1 11.07			27 Nick Lyons	ld	6 45.54	
2 Will Arden	lw	2 11.57	<b>U20M</b>	<b>9690 m</b>	28 Dave Eldridge	gr	3 46.25	
3 Dylan Love	lw	3 11.58	1 Tom Straw	lw	1 34.46	29 Keith Vickers	lo	3 46.44
4 Sam James	ss	1 12.29	2 Chris Cooper	nv	1 37.01	30 Eddy Enright	ld	7 46.58
5 Oliver Street	bd	1 12.31	3 Shane Robinson	lw	2 37.08	31 David Johnson	bd	5 47.15
6 Eills O'Connell	nv	1 12.39	4 Giles Favell	nv	2 40.27	32 Geoff Powley	lw	5 47.22
7 Billy Onians	lw	4 12.46	<b>SenM</b>	<b>9690 m</b>	33 Peter Swallow	be	1 47.25	
8 Jake Hornby	gr	1 12.47	1 Ian Boneham	yz	1 32.24	34 Grahame Kelley	nk	1 47.46
9 Joshua Lord	gr	2 12.56	2 Ian Kimpton	lw	1 34.33	35 David Miller	ss	3 48.19
10 Dion Harrison	lo	1 12.59	3 Mark Greenwood	lw	2 35.25	36 Peter Crow	lo	4 48.56
11 Sam Bently	nv	2 13.02	4 Richard Brown	lo	1 35.58	37 Phil Jackson	lo	5 49.38
12 Tim Miewald	lo	2 13.17	5 Matthew Grace	be	1 36.13	38 Ian Hanks	ss	4 50.54
13 Reece Hannah	be	1 13.21	6 Nick Marsh	lo	2 36.19	39 Karl Aubrey	ss	5 51.11
14 Will Talbot	lw	5 13.28	7 Douglas Kelley	nk	1 36.31	40 John Bainbridge	gr	4 51.16
15 Elliot Asbrey	ss	2 13.45	8 Will Strangeway	lw	3 36.58	41 Ted Preston	ss	6 52.48
16 Michael Harper	lw	6 13.49	9 Craig Maskell	lw	4 37.32	42 Vince McNiffe	ss	7 53.09
17 James McCrae	wj	1 13.51	10 Adam Hilless	be	2 37.33	43 Peter Flint	bd	6 53.41
18 Jake Mammatt	nk	1 14.02	11 Adam Madge	gr	1 37.49	44 Geoff Clarke	lo	6 54.49
19 Astor Capes	nv	3 14.06	12 Tom Honniball	be	3 37.54	45 Phil Hall	gr	5 55.26
20 Craig Deekens	lo	3 15.16	13 Jamie Forman	nv	1 38.38	46 Dave Clarke	ma	2 57.35
21 Dan Runacres	ss	3 15.31	14 Jose Ferreira	bd	1 38.56			
22 Ewan Edwards	lo	4 16.54	15 Richard Lomas-Brown	be	4 39.11			
23 Ben Crossley	ss	4 18.06	16 Matt Ballantyne	ss	1 41.11			
24 Luke Deekens	lo	5 20.53	17 Paul Samways	lw	5 41.15			
<b>U15B</b>	<b>3710 m</b>	18 Alan Oliver	ss	2 42.17				
1 Richard Brine	lw	1 13.47	19 Robert Jackson	lo	3 42.35			
2 Matt Bee	lw	2 13.59	20 Steve Thomas	lo	4 42.52			
3 Adam Baker	lw	3 14.01	21 Nijak Jaroslow	nv	2 43.23			
4 Jack Culpin	lw	4 14.25	22 Tom Johnson	bd	2 43.32			
5 James Thomas	nv	1 14.37	23 Kevin Houghton	lo	5 44.16			
6 Ben Hampson	nv	2 14.42	24 Robert Hawse	ma	1 45.34			
7 Aidan McClure	bd	1 14.48	25 Steve Audis	ld	1 47.48			
8 Josh Asbrey	ss	1 14.50	26 Mick Bray	ld	2 48.49			
9 Michael Craven	bd	2 14.52	27 Craig Shaw	lo	6 48.49			
10 Sam Chapman	lw	5 14.54	28 Owen Msimango	bd	3 50.33			
11 Linton Taylor	nk	1 15.07	<b>VetM</b>	<b>9690 m</b>				
12 Stephen Tranmer	gr	1 15.14	1 Geoff Knight	bd	1 34.57			
13 Dan Paterson	nv	3 15.20	2 Les Ball	lw	1 35.22			
14 Lloyd Kempson	nv	4 15.20	3 Ronnie McWilliam	yz	1 36.40			
15 Marcus Swallow	be	1 16.24	4 Duncan McGrory	bd	2 37.40			
16 Lewis Goddard	lw	6 16.50	5 Jon Hobbs	ld	1 37.46			
17 Sam Johnson	bd	3 16.57	6 Art Connolly	lw	2 37.56			
18 Nathan McClure	bd	4 17.32	7 Steve Medhurst	nv	1 37.59			
19 Luke Martin	lw	7 17.37	8 John Siddens	ss	1 38.21			
20 Liam Hartley	lo	1 18.04	9 Chris Mooney	nv	2 38.47			
<b>U17M</b>	<b>5440 m</b>	10 Michael Barnsdale	nv	3 39.01				
1 Ronny Wilson	lw	1 19.58	11 Chris Rainbow	bd	3 39.27			
2 Ian Maplethorpe	lw	2 20.09	12 Arthur Short	gr	1 40.11			
3 Nathan Page	lw	3 20.13	13 John Hughes	lw	3 40.47			
4 Stuart Campbell	lw	4 20.19	14 Andrew Thomas	lo	1 40.50			
5 Chris Woodger	lw	5 20.21	15 Nigel Boothe	ma	1 41.27			
6 Tom Rodgers	nv	1 21.11	16 Dennis Rainbow	bd	4 41.53			
7 Nathan Wood	nv	2 21.30	17 Simon Pratt	ld	2 43.34			
8 Jon Davey	ss	1 22.23	18 Marcus Saunders	ld	3 43.42			
9 Jack Skeet	lw	6 23.02	19 Alex Telfer	ss	2 43.47			
10 David Bush	nv	3 23.09	20 Nigel Kettle	gr	2 43.47			
11 Stephan Brockett	bd	1 24.11	21 Marcus Lancaster	ld	4 44.16			
12 David De Sa	nv	4 24.15	22 Pete Burgin	ld	5 44.47			
13 Adam Swallow	be	1 24.26	23 Geoff Hall	lw	4 44.52			
14 Jake Brittain	bd	2 24.57	24 John Stephenson	wv	1 45.31			
15 Jamie Caress	nv	5 25.29	25 Andrew Hartley	lo	2 45.43			

These results are also available on the Internet:  
[www.granthamac.com/xc](http://www.granthamac.com/xc)

## *Lincolnshire Cross Country County Championships*

### *January 2009*

<b>U13G</b>	Lincoln W	6	<b>VetM</b>	Boston & D.	16
	Nene Valley	20		Lincoln W	21
	Louth	34		Nene Valley	26
	Louth 'B'	58		Lincoln & D	40
<b>U15G</b>	Lincoln W	13		Grantham	60
	Grantham	19		Sleaford Str	62
	Nene Valley	31		Louth	68
	Lincoln W 'B'	37		Lincoln & D 'B'	70
<b>U17W</b>	Lincoln W	6		Boston & D. 'B'	90
				Louth 'B'	117
				Sleaford Str 'B'	118
<b>SenW</b>	Lincoln W	8			
	Lincoln W 'B'	21			
	Nene Valley	23			
<b>VetW</b>	W. Run. Network	21			
	Bourne	21			
	Louth	28			
	Nene Valley	29			
	Sleaford Str	42			
	Lincoln W	61			
<b>U13B</b>	Lincoln W	6			
	Nene Valley	36			
	Lincoln W 'B'	37			
	Sleaford Str	40			
	Louth	42			
<b>U15B</b>	Lincoln W	6			
	Nene Valley	24			
	Lincoln W 'B'	30			
	Boston & D.	33			
<b>U17M</b>	Lincoln W	6			
	Lincoln W 'B'	18			
	Nene Valley	23			
	Nene Valley 'B'	43			
<b>SenM</b>	Lincoln W	13			
	Bourne	27			
	Louth	29			
	Boston & D.	64			
	Louth 'B'	70			